



The Panther

The official newsletter of 146 Northwich Squadron



November / December - 2012

End of 2012 Sports Roundup

With such a busy few months for sport, the following is a roundup of achievements from August though to November:

- After hockey trials, four cadets from 146 were selected to represent Merseyside.
- In cross-country, the Sqn won the junior girls trophy and had cadets selected to represent the Wing.
- After attending trials, three girls were selected to play for the Wing Netball team!

Full details, with names of cadets selected, can be found on the right side of this page, hopefully, no-one has been missed.

On Target For Best Sportswoman In The Air Cadets

Cdt Laragh Harvey-Kelly, who was awarded the Best Female Sport trophy at 146's Battle Of Britain dining-in night, has now also been named as Female Sports Cadet Of The Year for Wales and West Region! This is an incredible achievement and puts Laragh in the running to get awarded with the top trophy, Best Female Sports Cadet in the Corps, fingers crossed!



Double Expeditions For 49 Entry

49 Entry, the largest intake of cadets in the Sqn's history, have completed their Bronze Duke Of Edinburgh expedition. The group had to be split over multiple weekends, due to their size!

Well done to all of 49 Entry and good luck with the rest of your award.



Events Over The Christmas Period

A quick summary of dates and events for the December/January period

- 23rd December - Sainsburys bag pack and Christmas Disco, last cadet events before the festive period, Sqn re-opens on the 4th of January.
- Sunday Sports will run throughout December (apart from Sunday the 23rd), assuming enough cadets wish to attend. An email will go out to all cadets nearer the time if anything is cancelled.
- 19th December - Staff/NCO meal, reminder for all Staff and NCOs, that the Christmas meal will be on Wednesday the 19th.
- 28th December - Sqn reunion, this event is for all ex-146 members, be they Civilian Committee, Staff, NCOs or cadets. Also welcome are all current NCOs and staff. Food and drink will be provided, the event starts at 19:00 at the Sqn. Please pass these details onto anyone who may be interested in attending. Email CI Martin Moores on adj@theaircadets.org for further information.

Other News

Sports Representations:

Wing Hockey

Cdt Harvey-Kelly
Cpl Jessop
Cdt Hodgkinson
Cdt Caine.Y

Wing Senior Football

Sgt Quayle

Wing Swimming

Cdt Harvey-Kelly

Wing Netball

Cdt Prime
Cdt Harvey-Kelly
Cdt Hodgkinson

Region Hockey

Cdt Harvey-Kelly

Wing Rugby

Cdt Nowell

Wing Cross-Country

Cdt Brown
Cdt Mackintosh
Cdt Hodgkinson

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Cpl Webb

Annual Llanbedr Adventure Training Week

On the 21st of July, twenty cadets from Northwich and Neston Sqns went on the annual Adventure Training camp to Llanbedr in North Wales, in the shadow of Mt Snowdon. Little time was given for introductions, however, as the cadets were immediately given the task of navigating across difficult terrain to a campsite used for the Sqns Gold expeditions earlier in the year. They then had to camp overnight before returning to the Llanbedr centre for a full week of activities.

The first full day consisted of mountain biking and orienteering in a nearby forest, just a taster for the week to come! One of the highlights was the Go Ape! course, involving five challenging stages culminating in one of the longest zip-wires in the country.

In addition, a full day was spent on the lake, with cadets learning canoeing and kayaking skills, as well as competing to build and race rafts!

Other activities included, team-building, high ropes, sports, climbing, white water rafting and gorge walking, make sure you get your name down for next year, 13th - 20th July, 2013! - *Cpl McGough*



The Panther has slightly delayed over recent months, but will return to its bi-monthly release in the New Year. Article submissions are welcome from all and are very much appreciated!

Phoenix-Ex Rises From The Ashes

From the 24th to the 26th of August, after six years, Phoenix-Ex returned for its third exciting instalment of activities, challenges, "air strikes" and tactical movement in the field.

Cadets from 146 Squadron travelled to Leek training area for field craft training and a thirty six hour exercise!

The weekend began with sleeping over at farm buildings in the training area, then half a day of field craft training, where cadets were taught movement in the field and camouflage and concealment. Then started the thirty six hour rolling exercise, which involved challenges and activities, such as transporting a missile with ropes and pulleys, navigation, radio comms and a night-line. Cadets also had to navigate to their designated sleeping area, for some well deserved R+R.

The cadets were in six teams, all competing against each other, calling in "air strikes" on opposing teams using codes over the radios, which tested their skills in judging distances, map reading and communication. All of this was done whilst surviving on British Army ration packs!

The weekend gave the cadets an exhausting, but rewarding experience and it was thoroughly enjoyed by all! - *Cpl Webb*



For comments, feedback and contributions, contact: panther@theaircadets.org
If you are a parent and wish to be added to our mailing list, please contact: webmaster@theaircadets.org